

Zouk

ISLAND FESTIVAL
A ZOUK TROPICAL EXPERIENCE

FESTIVAL ACTIVITIES SCHEDULE 2026

Restorative Movement
with Kamila
8:30 - 9:45

Contact Beyond Contact
with Angela
8:30 - 9:45

Back & Neck Pain Release
with Sebastian
8:30 - 9:45

DAY 1 - FRIDAY 13

DAY 2 - SATURDAY 14

DAY 3 - SUNDAY 15

DAY 4 - MONDAY 16

JUNGLE ROOM 1	JUNGLE ROOM 2	ROOFTOP SHALA	JUNGLE ROOM 1	JUNGLE ROOM 2	ROOFTOP SHALA	JUNGLE ROOM 1	JUNGLE ROOM 2	ROOFTOP SHALA	JUNGLE ROOM 1	JUNGLE ROOM 2	ROOFTOP SHALA										
<p>JUNGLE ROOM DANCING 11:00 - 14:00</p> <p>CHECK-IN 12:00 - 14:00</p> <p>Brenda & William THE JOY OF BRAZILIAN CULTURE 14:00 - 15:15</p> <p>DEMO</p> <p>16:00 - 16:30 Transportation to CABANA RESORT</p> <p>THEME: Flower Children</p> <p>SUNSET SOCIAL SET 16:30 DJ PALOMA 16:30</p> <p>OPENING CEREMONY With Shavit 18:00</p> <p>SOCIAL 19:30 DJ M-OÇÃO 19:30 DJ STEF 20:30</p> <p>21:30 - 22:00 Transportation back to the Hotel</p> <p>SOCIAL NIGHT VIBES 22:00 - 00:00 DJ NICHIA 22:00 DJ ZED 23:00</p>	<p>Brenda & William 10:00 - 11:00 Integrating Frame and Movement</p>	<p>Gui & Paloma 10:00 - 11:00 It's all Lateral</p>	<p>Fabricio & Maria 10:00 - 11:00 Turn to Enjoy the Moment</p>	<p>Fernando & Olga 11:30 - 12:30 Playing with Elasticity in the Basics</p>	<p>Brenda & William 11:30 - 12:30 The basics of head movement</p>	<p>Fabricio & Maria 11:30 - 12:30 Comfortable Head Movements in Shadow Position</p>	<p>Fernando & Olga 13:00 - 14:00 Enjoying the Footwork in the Shadow Position</p>	<p>Brenda & William 13:00 - 14:00 Comfort in Close Embrace</p>	<p>Gui & Paloma 13:00 - 14:00 Playing with Sacadas</p>	<p>Gui & Paloma 10:00 - 11:00 The 3 Frames</p>	<p>Fabricio & Maria 10:00 - 11:00 Toalha: Lightness, Speed and Variations</p>	<p>Brenda & William 10:00 - 11:00 The Basics of Connection through Touch</p>	<p>Fabricio & Maria 11:30 - 12:30 Flow in Counterbalances and Transitions</p>	<p>Fernando & Olga 11:30 - 12:30 Bonus / Bumerangue</p>	<p>Brenda & William 11:30 - 12:30 Trust and Surrender</p>	<p>Gui & Paloma 13:00 - 14:00 Circular Flow</p>	<p>Fernando & Olga 13:00 - 14:00 Head Movements in the Shadow Position</p>	<p>Fabricio & Maria 13:00 - 14:00 Soltinho and Variations in the Wi-Fi Position</p>	<p>Fabricio & Maria 10:00 - 11:00 "Dizzy Walk": Flow Head Movements on Steps</p>	<p>Gui & Paloma 10:00 - 11:00 Turn Variations</p>	<p>Fernando & Olga 10:00 - 11:00 Musicality: Accenting the Music with a Chicote</p>
	DEMO			DEMO			DEMO			DEMO											
	DEMO			DEMO			DEMO			DEMO											
	DEMO			DEMO			DEMO			DEMO											
<p>BREAK 14:00 - 16:30</p> <p>16:00 - 16:30 Transportation to SUNSET HILL RESORT</p> <p>THEME: Dancing on Clouds</p> <p>SUNSET SOCIAL SET 16:30 DJ SUNSHINE 16:30 DJ M-OÇÃO 17:30</p> <p>SUNSET CEREMONY With Shavit 18:30</p> <p>SOCIAL 19:30 DJ NICHIA 19:30 DJ ZED 20:30</p> <p>21:30 - 22:00 Transportation back to the Hotel</p> <p>SOCIAL NIGHT VIBES 22:00 - 00:00 DJ STEF 22:00 DJ ZENSY 23:00</p>			<p>BREAK 14:00 - 16:30</p> <p>16:00 - 16:30 Transportation to SHIVARI</p> <p>THEME: Neon Glow</p> <p>SUNSET SOCIAL SET 16:30 DJ ZENSY 16:30</p> <p>CACAO CEREMONY With Natalie 18:00</p> <p>SOCIAL 19:30 DJ ZED 19:30 DJ NICHIA 20:30</p> <p>21:30 - 22:00 Transportation back to the Hotel</p> <p>SOCIAL NIGHT VIBES 22:00 - 00:00 DJ SUNSHINE 22:00 DJ STEF 23:00</p>			<p>CLOSING SET 13:00 - 15:00 DJ SUNSHINE 13:00 DJ M-OÇÃO 14:00</p> <p>CLOSING CEREMONY 15:00 - 16:00</p>															

- OPEN LEVEL / BEGINNERS
- INTERMEDIATE
- ADVANCED
- SOCIAL
- SUNSET ACTIVITY
- COMMUNITY-LED SESSIONS

*THE FESTIVAL PROFITS WILL BE DONATED TO SRITHANU ELEMENTARY SCHOOL

*Cabana Resort and Sunset Hill have pool and restaurant

THE SCHEDULE IS SUBJECT TO CHANGES